



Online Safety Parents' Information Meeting

Holy Rood Catholic Primary School

1st May 2025

What will we cover today?

- why Online Safety matters
- how Online Safety is taught at Holy Rood
- how parents can support at home
- useful resources for parents



Why Online Safety matters

- Children are digital natives.
- Online Safety is a life skill – like crossing the road!
- Online Safety is a **child protection** issue.



5-7 year olds

57% have their own tablet,
and 14% their own smartphone

To go online - 77% use a tablet,
51% a laptop, and 40% a smartphone

48% watch live broadcast TV, and
88% watch video-on-demand content*

50% play games online

30% use social media apps/sites

33% use messaging apps/sites

96% use video-sharing platforms (VSP)

33% use live streaming apps/sites



8-11 year olds

66% have their own tablet,
and 49% their own smartphone

To go online - 76% use a tablet,
72% a laptop, and 62% a smartphone

58% watch live broadcast TV, and
91% watch video-on-demand content*

78% play games online

44% use social media apps/sites

64% use messaging apps/sites

96% use video-sharing platforms (VSP)

39% use live streaming apps/sites

40% are aware of ad placements in search engines
(8-11s who go online and use search engines)

27% have seen worrying or nasty content online
(8-11s who go online)



Why Online Safety matters

Source:

Office for National Statistics

2% of primary school have spoken to or messaged someone online who turned out to be much older than they claimed.

5% of primary school aged children have arranged to meet up with a stranger that they met online.

77% of convicted sex offenders used methods including email, text and social media to target their victims.

4% of primary school aged children had been sent or shown an indecent picture or video from an adult.

16% of primary school aged children said they had seen content which encouraged people to hurt themselves.



How can internet use affect children's mental health and wellbeing?

Risk of:

- being scammed by fake adverts or fake profiles;
- believing misinformation or 'fake news';
- radicalisation from extremist content.

Exposure to:

- inappropriate content, e.g. violent or pornographic images;
- chat rooms discussing self-harm or suicidal thoughts.

Poor self-image and lack of self-esteem due to:

- Unrealistic, digitally-altered images of 'perfection';
- Unkind comments left on photos or videos.

Lack of motivation due to excessive time online; lack of real life contact; and addiction to specific games and apps.



How is Online Safety taught at Holy Rood?



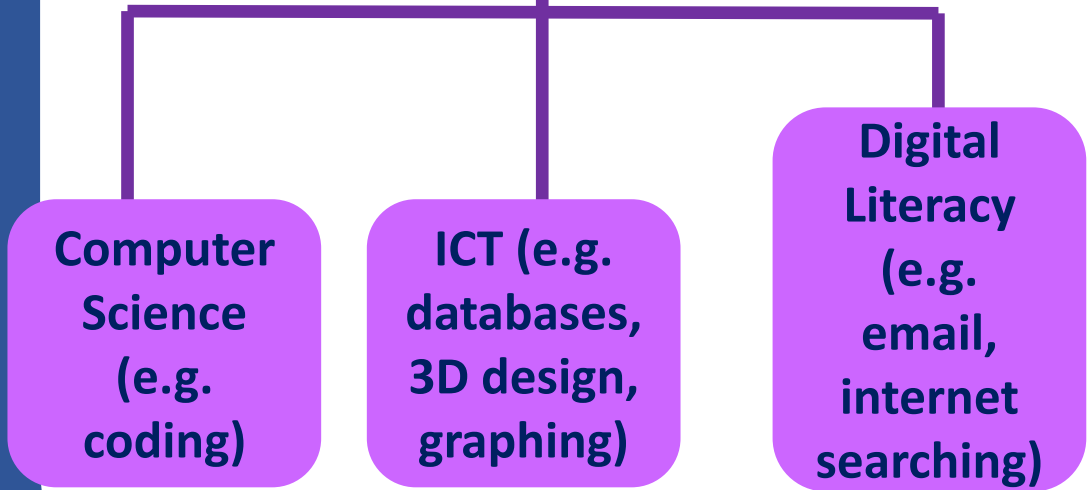
- All children from Early Years to Year 6 have regular Online Safety lessons following an award-winning scheme used by more than 5000 schools in the South West.
- We cover all areas in the government's document *Education for a Connected World* (2020).
- Online Safety also links to PSHE and Relationships and Sex Education (RSE).
- Children sign up to our Acceptable Use Agreement.
- Online Safety equals about 25% of computing time.





PROJECT EVOLVE[®]

- Self Image & Identity
- Online Reputation
- Online Bullying
- Online Relationships
- Managing Online Information
- Health, Wellbeing & Lifestyle
- Privacy & Security
- Copyright & Ownership



Acceptable Use Agreements

- This is shared with children in the Early Years and displayed in the classroom.
- KS1 children sign a shared class charter.
- KS2 children sign individual copies.



This is how we stay safe in our class when we use computers or iPads:



Holy Rood Catholic Primary School

Pupil Acceptable Use Agreement Form

This form relates to the pupil acceptable use agreement, to which it is attached.

Please complete the sections below to show that you have read, understood and agree to the rules included in the acceptable use agreement. If you do not sign and return this agreement, access will not be granted to school systems.

I have read and understand the above and agree to follow these guidelines when:

- I use the school systems and devices (both in and out of school)
- I use my own devices in the school (when allowed) e.g. mobile phones, gaming devices USB devices, cameras etc.
- I use my own equipment out of the school in a way that is related to me being a member of this school e.g. communicating with other members of the school, accessing school email, VLE, website etc.

Name of Pupil:

Class:

Signed (child):

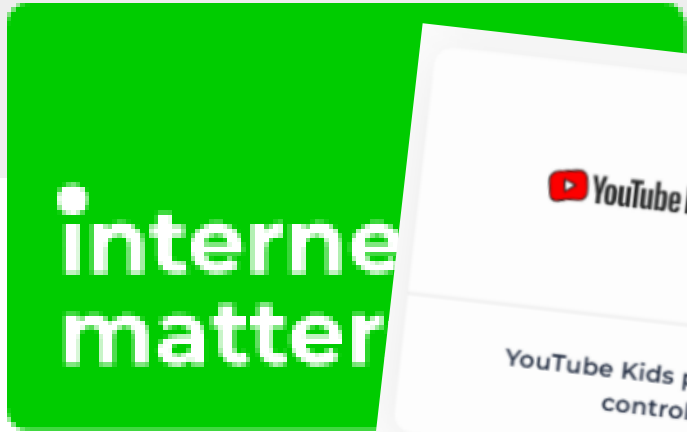
How parents can support at home



- Different app stores will tell you different things.
- Data laws drive age ratings
- Understand the content.
- Look beyond the age rating.



How parents can support at home



A collection of six white cards with rounded corners, each featuring a platform logo and a link to a parental controls guide:

- YouTube Kids**: YouTube Kids parental controls guide >
- Google Family Link**: Google Family Link guide >
- YouTube**: YouTube parental controls >
- EE**: EE broadband parental controls >
- TikTok**: TikTok parental controls >
- PS5**: PlayStation 5 (PS5) parental controls >

Set Up Safe Checklist
Internet matters.org

Set your child up for online safety with these simple tasks

Manage broadband & mobile networks

- At home, access your broadband network and set available controls
- On the go, set up controls on the network mobile network

See step-by-step guides to help

Talk & learn regularly

- Together, learn about online safety issues that might impact your child
- Together, explore privacy and safety settings on your favourite platforms
- Ask them to teach you about their favourite online platforms to create an open environment for conversation
- Keep these conversations going for your future support

An illustration of a young girl with brown hair, wearing a yellow top and blue pants, holding a smartphone. To her left is a large green checkmark icon.

ONLINE SAFETY...

- It is OK to check their phones - you pay the bill!
- Know what your child is doing - ask questions in an interested way - not accusingly
- Frequently discuss 'what if..?' scenarios
- Make sure there is trust - 'I won't take you phone off you....' 'If you tell me, I can help you..'



Model healthy phone use, not out during family time etc.

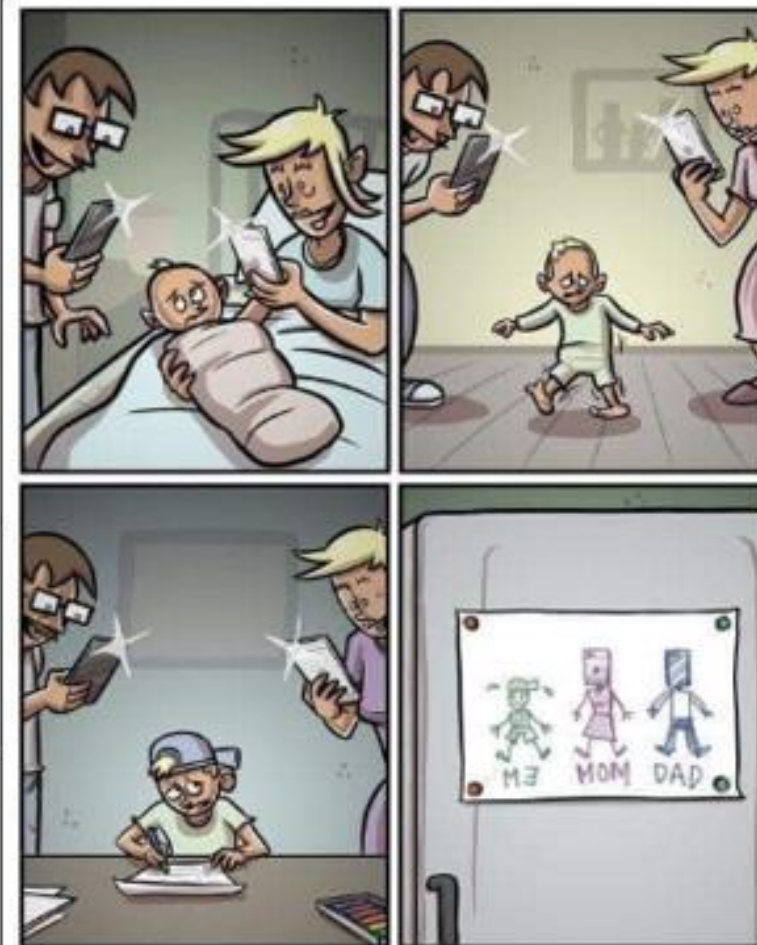




IS THIS HOW THEY SEE YOU?



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SHUTTERSTOCK

There are real advantages in maintaining an open dialogue with your child about their internet use. Not sure where to begin? These conversation starter suggestions can help.

1 Ask your children to tell you about the websites and apps they like to use and what they enjoy doing online.

2 Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?

3 Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.

4 Encourage them to help someone! Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.

5 Think about how you each use the internet. What more could you do to use the internet together? Are there activities that you could enjoy as a family?

Useful Resources for Parents

